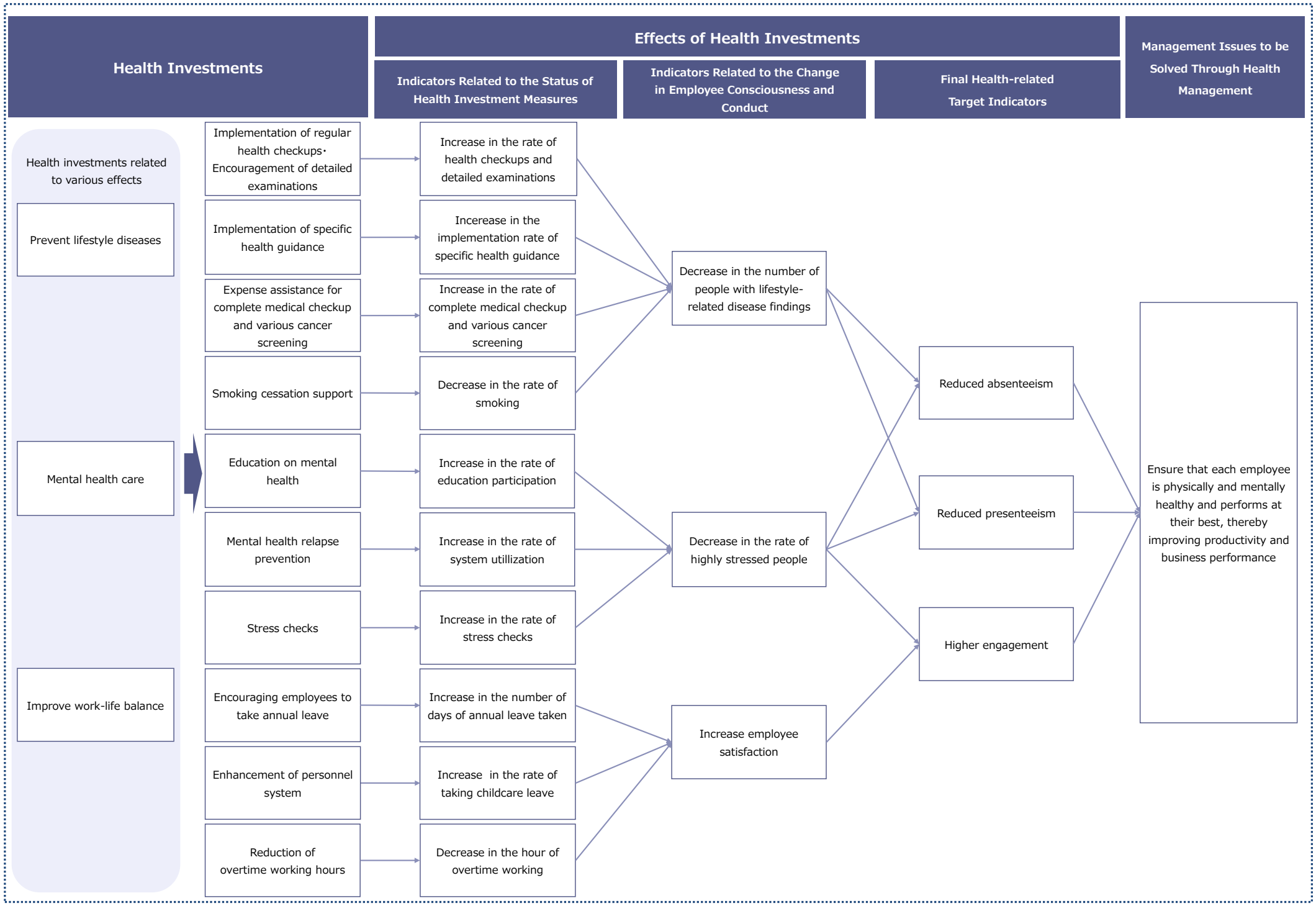
Health Investments
Effects of Health Investments
Indicators Related to the Status of Health Investment Measures
Indicators Related to the Change in Employee Consciousness and Conduct
Final Health-related Target Indicators
Management Issues to be Solved Through Health Management
Health investments related to various effects
Prevent lifestyle diseases
Mental health care
Improve work-life balance
Implementation of regular health checkups・Encouragement of detailed examinations
Implementation of specific health guidance
Expense assistance for complete medical checkup and various cancer screening
Smoking cessation support
Education on mental health
Mental health relapse prevention
Stress checks
Encouraging employees to take annual leave
Enhancement of personnel system
Reduction of overtime working hours
Increase in the rate of health checkups and detailed examinations
Incerease in the implementation rate of specific health guidance
Increase in the rate of complete medical checkup and various cancer screening
Decrease in the rate of smoking
Increase in the rate of education participation
Increase in the rate of system utillization
Increase in the rate of stress checks
Increase in the number of days of annual leave taken
Increase in the rate of taking childcare leave
Decrease in the hour of overtime working
Decrease in the number of people with lifestyle-related disease findings
Decrease in the rate of highly stressed people
Increase employee satisfaction
Reduced absenteeism
Reduced presenteeism
Higher engagement
Ensure that each employee is physically and mentally healthy and performs at their best, thereby improving productivity and business performance